Community Support Follow-Up

Joint Legislative Oversight Committee on
Mental Health, Developmental Disabilities,
and Substance Abuse Services

October 14, 2009

Alternatives to CS for Children

Services Currently Available in Community Support Service Definition	Alternative Services Available Based upon Consumer's Medical Needs:					
	Intensive In-Home, MST, SAIOP	Day Tx., Partial Hospital.	Case Management	Evidence-based Outpatient Services	Mobile Crisis, Facility Based Crisis	Education and Training CPT Code
Case Management Functions:						
1) Assessing needs of the individual	X		X	X		
2) Linking/referral to appropriate services	X		X	X		
3) Facilitating Person Centered Planning	X		X			
4) Monitoring effectiveness of services	X		X			
Therapeutic interventions per goals of PCP	X	X		X		
Psycho-education re: self-management of medications and symptoms	X	X		X		X
24/7/365 First Responder responsibilities	X				X	
Psycho-education for families and caregivers re: consumers illness, symptoms, etc.	X			X		
Coordination of natural and community supports	X	X	X	X		
Skill building to foster recovery and independence	X	X		X		X
Skill building in specific areas depending upon consumer's illness: behavioral skills and anger management, relapse prevention, etc.	X	X		X		X
Rehabilitation of skills related to daily and community living	X	X		X		X

Alternatives to CS for Adults

Services Currently Available in Community Support Service Definition	Alternative Services Available Based upon Consumer's Medical Needs:						
	Community Support Team, ACTT, SAIOP, SACOT	PSR, Partial Hospital., SA Medically Monitored and Non-Medically Monitored Residential	Case Management	Evidence-based Outpatient Services	Mobile Crisis, Facility Based Crisis	Peer Support	Education and Training CPT Code
Case Management Functions:							
1) Assessing needs of the individual	X		X	X			
2) Linking/referral to appropriate services	X		X	X			
3) Facilitating Person Centered Planning	X		X				
4) Monitoring effectiveness of services	X		X				
Therapeutic interventions per goals of PCP	X	X		X			
Psycho-education re: self-management of	X	X		X		X	X
24/7/365 First Responder responsibilities	X				X		
Psycho-education for families and caregivers re: consumers illness, symptoms, etc.	X			X			
Coordination of natural and community supports	X	X	X	X			
Skill building to foster recovery and independence	X	X		X		X	X
Skill building in specific areas depending upon consumer's illness: behavioral skills and anger	X	X		X			X
Rehabilitation of skills related to daily and community	X	X		X		X	X

Availability of Alternative Services

	Adults			Children		Either	
	Assertive Community Treatment Team (ACTT)	Community Support Team (CST)	Psycho-Social Rehabilitation (PSR)	Intensive In-Home	Multi-Systemic Therapy (MST)	Licensed Outpatient Clinicians	Mobile Crisis
Alamance-Caswell	4	4	3	14	0	78	1
Albemarle	0	9	3	24	1	53	2
Beacon Center	2	12	3	21	1	63	1
Centerpoint	3	14	4	13	0	142	1
Crossroads	3	5	4	6	0	93	2
Cumberland	3	7	1	26	0	153	1
Durham	2	33	1	31	1	210	1
Eastpointe	5	17	6	25	0	120	3
ECBH	2	16	5	35	3	247	6
Five County	2	19	2	16	0	87	1
Guilford	4	21	3	28	1	231	1
Johnston	0	1	2	3	0	41	
Mecklenburg	1	22	2	46	5	317	1
Mental Health Partners	2	4	4	4	1	139	1
Onslow-Carteret	0	7	3	4	1	82	1
Orange-Person-Chatham	2	6	2	3	1	151	1
Pathways	1	11	3	15	1	145	1
Piedmont*	0	0	0	4	1	105	0
Sandhills	3	15	10	33	1	163	2
Smoky Mountain	8	10	9	22	1	352	7
Southeastern	3	13	2	17	2	270	1
Southeastern Regional	3	16	8	34	5	78	1
Wake	4	22	5	24	3	561	1
Western Highlands	8	14	3	14	1	353	3
Total	**65**	**298**	**88**	**462**	**30**	**4234**	**40**

* Data comes from paid claims and, due to waiver, incomplete data available from PBH

DMH | DD | SAS

division of mental health | developmental disabilities | substance abuse services

Timing

- Case Management and Peer Support service definitions require a Medicaid State Plan Amendment (SPA).
  - Anticipate January 1, 2010 effective date for CM
  - Anticipate July 1, 2010 effective date for PS
- All other alternative services already available or can be added without State Plan changes (educational CPT code.)
- Training should not be a problem
  - Lots of providers currently perform CM functions within other service definitions and are very familiar with those requirements.
  - Currently have in place a process for training and certifying Peer Support Specialists and are currently reimbursing for their services within ACTT and CST and with state funds.